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# Beyond A Peanut: Is This Safe?



## Synopsis

Beyond A Peanut - Food Allergy Awareness Flashcards teach children and those who provide care for them how to stay safe with peanut and tree nut allergies. These cards teach children, their extended families, friends, coaches, camp councilors, schools, and childcare providers on the principles necessary to provide a safe environment. Beyond a Peanut - Food Allergy Awareness Cards incorporates comprehensive safety information, and delivers it in an easy to learn format. The cards have colorful eye catching information on the front for children and comprehensive safety information on the back. The flashcards introduce cross contamination, the importance of label reading and always carrying emergency medication. While many of these flashcards are specific to nut allergies, they have proven to raise the awareness and understanding of all food allergies.

## Book Information

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## Customer Reviews

After reading tons of information regarding peanut allergies over the past two months since my daughter was diagnosed with a severe peanut allergy, these cards do the nicest job of highlighting the most important "basics" out there for others to quickly read and comprehend. After all, beyond the parents of an allergic child, most people are not going to take the same amount of time and care to read "everything" out there on the impacts of a peanut allergy and those implications. So, for a quick review or to educate others, these cards are perfect! I wish they were a bit cheaper, but my set is heading off to school in the morning for a teacher who just doesn't seem to understand the life-threatening nature of a severe allergy and it is my hope that these "simple" cards will make the

difference!

My toddler was diagnosed with a peanut allergy several months ago. I recently purchased 3 items -- these flashcards, The Peanut Allergy Answer Book, and the toddler book "Mommy is this safe to eat?" The 3 complimented each other, and each serves a different purpose if you have a peanut allergic child. These flashcards are great because caregivers can quickly review them to understand risks for your child. Each card identifies one area/subject (such as bakery items, the ballpark, airplanes, the playground) describes the risk (if any), and gives practical tips for managing the risk. Although I have done a lot of reading since my son's diagnosis, these cards brought things to my attention I hadn't thought of, like the danger of my birdfeeder. I highly recommend these cards.

My co-worker has a child with a life-threatening peanut allergy. We would have conversations about her struggles when it came to leaving her child at school, with babysitters or even with family members. She shared these flashcards with me and it was a real eye opener. After flipping through the cards for ten minutes everything she had been talking to me about for the past year started making more sense. For instance, I would never have considered buying bulk food a danger but now I know that it is for those with peanut allergies. I now have a much greater understanding of why vigilance is necessary to keep her child safe. I would recommend these cards to anyone who around a child with these allergies.

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